



# Treasure your health

Prevention • Detection • Enhancement

Raffles Health Screening 2024



## Treasure Your Health

Prevention. Detection. Enhancement.

Health screening is essential for the early detection of diseases and conditions that cause disability and death. The lifestyle and stress of modern living can have an adverse impact on our health by predisposing us to silent killers such as heart disease, diabetes, hypertension and cancers. Therefore, health screening is vital as it detects diseases, which do not produce early warning signs.

With personalised attention from our dedicated team of healthcare professionals, our aim is to enhance your well-being and help you better understand your state of health. Our health screening services are suitable for both individuals and employees of corporate organisations.

You will receive a detailed individualised medical report. This will be reviewed during a private consultation with your doctor, who will explain and provide you with suitable recommendations based on your health profile.

You should take charge of your health through regular health evaluations to prevent any potential health risks. Early detection allows diagnosis and management of illnesses to be done appropriately. When all that is taken care of, your health and wellness is then enhanced to achieve your lifestyle aspirations.

**Raffles Health Screeners** - With over 40 years of experience, Raffles Health Screeners offers holistic and personalised health screening services at our group of executive health screening centres located around the island. Our team of professionals is dedicated to making your visit with us worthwhile and comfortable. With complimentary Wi-Fi service available, you can also surf the web or attend to your business needs.

**Raffles Hospital** is a tertiary hospital that is equipped with advanced imaging modalities. Modalities that are available include

- Computer Tomography Scanning
- Magnetic Resonance Scanning and
- Positron Emission Tomography.

During your consultation with our doctors, you can share your health concerns with our doctors. Where appropriate, our doctors can arrange for advanced imaging to address your health concerns.

For more information and to make your appointment on any of our health screening packages presented in this brochure, please call us at **6311 1222 (24-hour hotline)**.

## Packages available online

Enjoy greater convenience by selecting your preferred health screening package online.



Select health screening package



Receive e-invoice



Get a call from us



Book your appointment



Go for screening



Cashless check-out after completion of screening  
E-invoice is available upon check-out



<http://bit.ly/rmghealthscreening>

Terms and conditions apply.



*Deluxe S\$537*

## *For Men*

### LABORATORY ANALYSIS

- Tumour Marker  
- Prostate (PSA)

## *For Ladies*

### LABORATORY ANALYSIS

- Tumour Marker  
- Ovary (CA 125)

## PHYSICAL EXAMINATION & ASSESSMENT

- Consultation & Physical Examination by Doctor
- Body Fat Measurement
- Height / Weight / BMI
- Visual Acuity
- Medical Report
- Post Examination Review by Doctor

## LABORATORY ANALYSIS

- Complete Haematological Parameters
- Erythrocyte Sedimentation Rate (ESR)
- Liver Function Test
- Kidney Function Test
- Blood Glucose
- HbA1c (Diabetic Screening)
- Lipid/Cholesterol Profile (Measured)
- Gout (Uric Acid)
- Thyroid Screen: Free T4 & TSH
- Bone Mineral Status: Calcium & Phosphate
- Rheumatoid Factor
- Hepatitis A Screening
- Hepatitis B Screening
- Tumour Marker - Liver (AFP)
- Tumour Marker - Colon (CEA)
- HIV Screening
- Venereal Disease (VDRL / TPHA)
- Urinalysis
- Stool Occult Blood
- B-HCG
- Insulin
- Measles Virus IgG

## RADIOLOGY TEST

- Chest X-ray

## OTHER CLINICAL ASSESSMENT

- 12-lead Resting Electrocardiogram (ECG)



Select your health screening package via  
<http://bit.ly/rmghealthscreening>

All prices are inclusive of GST and subject to changes without prior notice. Items in packages are non-refundable if declined.





## Deluxe Plus S\$705

### For Men

#### LABORATORY ANALYSIS

- Tumour Marker - Prostate (PSA)

#### RADIOLOGY TESTS

Choose 1 out of 3

1. Ultrasound Liver
2. Ultrasound Prostate
3. Ultrasound Thyroid

### For Ladies

#### LABORATORY ANALYSIS

Choose 1 out of 2

1. SurePath™ Liquid-based Pap Test
2. Tumour Marker - Ovary (CA 125)

#### RADIOLOGY TESTS

Choose 1 out of 5

1. Ultrasound Liver
2. Ultrasound Pelvis
3. Ultrasound Thyroid
4. Ultrasound Breast
5. Mammogram

### PHYSICAL EXAMINATION & ASSESSMENT

- Consultation & Physical Examination by Doctor
- Body Fat Measurement
- Height / Weight / BMI
- Visual Acuity
- Medical Report
- Post Examination Review by Doctor

### LABORATORY ANALYSIS

- Complete Haematological Parameters
- Erythrocyte Sedimentation Rate (ESR)
- Liver Function Test
- Kidney Function Test
- Blood Glucose
- HbA1c (Diabetic Screening)
- Lipid/Cholesterol Profile (Measured)
- Gout (Uric Acid)
- Thyroid Screening: Free T4 & TSH
- Bone Mineral Status: Calcium & Phosphate
- Rheumatoid Factor
- Hepatitis A Screening
- Hepatitis B Screening
- Tumour Marker - Liver (AFP)
- Tumour Marker - Colon (CEA)
- Tumour Marker - Pancreas (CA 19-9)
- HIV Screening
- Venereal Disease (VDRL / TPHA)
- Urinalysis
- Stool Occult Blood
- B-HCG
- Insulin
- Measles Virus IgG

### RADIOLOGY TEST

- Chest X-ray

### OTHER CLINICAL ASSESSMENT

- 12-lead Resting Electrocardiogram (ECG)



Select your health screening package via <http://bit.ly/rmghealthscreening>

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## Executive

*For Men*  
**\$S\$1,312**

### LABORATORY ANALYSIS

- Hormonal Profile: Testosterone
- Tumour Marker - Prostate (PSA)

### RADIOLOGY TESTS

Choose 1 out of 3

1. Ultrasound Abdomen
2. Ultrasound Prostate
3. Ultrasound Thyroid

*For Ladies*  
**\$S\$1,457**

### LABORATORY ANALYSIS

- Hormonal Profile: Estradiol (E2)
- Hormonal Profile: Follicle Stimulating Hormones (FSH)

Choose 2 out of 3

1. Tumour Marker - Ovary (CA 125)
2. Tumour Marker - Breast (CA 15-3)
3. SurePath™ Liquid-based Pap Test

### RADIOLOGY TESTS

Choose 2 out of 6

1. Ultrasound Abdomen
2. Ultrasound Pelvis
3. Ultrasound Thyroid
4. Ultrasound Breast
5. Mammogram
6. Bone Densitometry

### PHYSICAL EXAMINATION & ASSESSMENT

- Consultation & Physical Examination by Doctor
- Body Fat Measurement
- Height / Weight / BMI
- Visual Acuity
- Medical Report
- Post Examination Review by Doctor

- Helicobacter Pylori IGG
- Urinalysis
- Urine Microalbumin to Creatinine Ratio
- Stool Occult Blood
- B-HCG
- Magnesium
- Insulin
- Measles Virus IgG

### RADIOLOGY TEST

- Chest X-ray

### LABORATORY ANALYSIS

- Complete Haematological Parameters
- Erythrocyte Sedimentation Rate (ESR)
- Liver Function Test
- Kidney Function Test
- Blood Glucose
- HbA1c (Diabetic Screening)
- Lipid/Cholesterol Profile (Measured)
- Gout (Uric Acid)
- Thyroid Screening: Free T4 & TSH
- Bone Mineral Status: Calcium & Phosphate
- Rheumatoid Factor
- Cardiac Risk: HS CRP
- 25-Hydroxyvitamin D
- Anaemia Screening: B12
- Anaemia Screening: Folate
- Iron
- Ferritin
- HIV Screening
- Venereal Disease (VDRL/ TPHA)
- Hepatitis A Screening
- Hepatitis B Screening
- Hepatitis C Screening
- Tumour Marker - Liver (AFP)
- Tumour Marker - Colon (CEA)
- Tumour Marker - Pancreas (CA 19-9)
- Tumour Marker - Nose (EBV)

### OTHER CLINICAL ASSESSMENT

- 12-lead Resting Electrocardiogram (ECG)
- Tonometry (Glaucoma Screening)



Select your health screening package via <http://bit.ly/rmghealthscreening>

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# Executive Plus

*For Men*  
**\$S\$1,364**

**LABORATORY ANALYSIS**

- Hormonal Profile: Testosterone
- Tumour Marker - Prostate (PSA)

**RADIOLOGY TESTS**

**Choose 1 out of 3**

1. Ultrasound Abdomen
2. Ultrasound Prostate
3. Ultrasound Thyroid

*For Ladies*  
**\$S\$1,500**

**LABORATORY ANALYSIS**

- Hormonal Profile: Estradiol (E2)
- Hormonal Profile: Follicle Stimulating Hormones (FSH)

**Choose 2 out of 3**

1. Tumour Marker - Ovary (CA 125)
2. Tumour Marker - Breast (CA 15-3)
3. SurePath™ Liquid-based Pap Test

**RADIOLOGY TESTS**

**Choose 2 out of 6**

1. Ultrasound Abdomen
2. Ultrasound Pelvis
3. Ultrasound Thyroid
4. Ultrasound Breast
5. Mammogram
6. Bone Densitometry

**PHYSICAL EXAMINATION & ASSESSMENT**

- Consultation & Physical Examination by Doctor
- Body Fat Measurement
- Height / Weight / BMI
- Visual Acuity
- Medical Report
- Post Examination Review by Doctor

- Helicobacter Pylori IGG
- Urinalysis
- Urine Microalbumin to Creatinine Ratio
- Stool Occult Blood
- B-HCG
- Magnesium
- Insulin
- Measles Virus IgG
- GASTROClear  
*Molecular blood test for early detection of gastric cancer*

**LABORATORY ANALYSIS**

- Complete Haematological Parameters
- Erythrocyte Sedimentation Rate (ESR)
- Liver Function Test
- Kidney Function Test
- Blood Glucose
- HbA1c (Diabetic Screening)
- Lipid/Cholesterol Profile (Measured)
- Gout (Uric Acid)
- Thyroid Screening: Free T4 & TSH
- Bone Mineral Status: Calcium & Phosphate
- Rheumatoid Factor
- Cardiac Risk: HS CRP
- 25-Hydroxyvitamin D
- Anaemia Screening: B12
- Anaemia Screening: Folate
- Iron
- Ferritin
- HIV Screening
- Venereal Disease (VDRL/ TPHA)
- Hepatitis A Screening
- Hepatitis B Screening
- Hepatitis C Screening
- Tumour Marker - Liver (AFP)
- Tumour Marker - Colon (CEA)
- Tumour Marker - Pancreas (CA 19-9)
- Tumour Marker - Nose (EBV)

**RADIOLOGY TEST**

- Chest X-ray

**OTHER CLINICAL ASSESSMENT**

- 12-lead Resting Electrocardiogram (ECG)
- Tonometry (Glaucoma Screening)



Select your health screening package via <http://bit.ly/rmghealthscreening>

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## Elite

*For Men*  
**\$S\$2,066**

### LABORATORY ANALYSIS

- Hormonal Profile: Testosterone
- Tumour Marker - Prostate (PSA)

### RADIOLOGY TESTS

- Ultrasound Abdomen
- Ultrasound Prostate
- Ultrasound Thyroid

### CARDIAC ASSESSMENT

- Treadmill Electrocardiogram

*For Ladies*  
**\$S\$2,309**

### LABORATORY ANALYSIS

- Tumour Marker - Ovary (CA 125)
- Tumour Marker - Breast (CA 15-3)
- Hormonal Profile: LH, FSH
- Hormonal Profile: Estradiol (E2)
- Hormonal Profile: Progesterone
- SurePath™ Liquid-based Pap Test

### RADIOLOGY & CARDIAC ASSESSMENTS

#### Choose 3 out of 7

1. Ultrasound Abdomen
2. Ultrasound Pelvis
3. Ultrasound Thyroid
4. Ultrasound Breast
5. Mammogram
6. Bone Densitometry
7. Treadmill Electrocardiogram

### PHYSICAL EXAMINATION & ASSESSMENT

- Consultation & Physical Examination by Doctor
- Body Fat Measurement
- Height / Weight / BMI
- Visual Acuity
- Medical Report
- Post Examination Review by Doctor

### LABORATORY ANALYSIS

- Complete Haematological Parameters
- Erythrocyte Sedimentation Rate (ESR)
- Blood Group
- Liver Function Test
- Kidney Function Test
- Blood Glucose
- HbA1c (Diabetic Screening)
- Lipid/Cholesterol Profile (Measured)
- Gout (Uric Acid)
- Thyroid Screening: Free T4 & TSH
- Bone Mineral Status: Calcium & Phosphate
- Immunology: Rheumatoid Factor
- Immunology: Anti-DS DNA Antibody
- Immunology: Anti-Nuclear Antibody
- Cardiac Risk: Homocysteine
- Cardiac Risk: HS CRP
- Cardiac Risk: Lipoprotein A
- 25-Hydroxyvitamin D
- Anaemia Screening: B12
- Anaemia Screening: Folate
- Anaemia Screening: TIBC
- Iron
- Ferritin
- Hepatitis A Screening
- Hepatitis B Screening

- Hepatitis C Screening
- HIV Screening
- Venereal Disease (VDRL / TPHA)
- Rubella IgG
- Tumour Marker - Liver (AFP)
- Tumour Marker - Colon (CEA)
- Tumour Marker - Pancreas (CA 19-9)
- Tumour Marker - Nose (EBV)
- Urinalysis
- Urine Microalbumin to Creatinine Ratio
- Stool Occult Blood
- Helicobacter Pylori IGG
- Varicella IgG
- Magnesium
- B-HCG
- Insulin
- Measles Virus IgG
- GASTROClear  
*Molecular blood test for early detection of gastric cancer*

### RADIOLOGY TEST

- Chest X-ray

### OTHER CLINICAL ASSESSMENT

- 12-lead Resting Electrocardiogram (ECG)
- Spirometry (Lung Function Assessment)
- Tonometry (Glaucoma Screening)



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## Elite Plus

**For Men**  
**\$S\$3,819**

### LABORATORY ANALYSIS

- Hormonal Profile: Testosterone
- Tumour Marker - Prostate (PSA)

### RADIOLOGY TESTS

- Ultrasound Abdomen
- Ultrasound Prostate
- Ultrasound Thyroid
- Ultrasound Scrotum / Testes
- Bone Densitometry

### CARDIAC ASSESSMENTS

- Treadmill Electrocardiogram

**For Ladies**  
**\$S\$4,073**

### LABORATORY ANALYSIS

- Mastrocheck®  
*Blood-based test to screen for breast cancer*
- Tumour Marker - Ovary (CA 125)
- Tumour Marker - Breast (CA 15-3)
- Hormonal Profile: LH, FSH
- Hormonal Profile: Estradiol (E2)
- Hormonal Profile: Progesterone
- SurePath™ Liquid-based Pap Test

### RADIOLOGY TESTS

- Ultrasound Abdomen
- Ultrasound Pelvis
- Ultrasound Thyroid
- Ultrasound Breast
- Mammogram
- Bone Densitometry

### PHYSICAL EXAMINATION & ASSESSMENT

- Consultation & Physical Examination by Doctor
- Body Fat Measurement
- Height / Weight / BMI
- Visual Acuity
- Medical Report
- Post Examination Review by Doctor

### LABORATORY ANALYSIS

- Complete Haematological Parameters
- Erythrocyte Sedimentation Rate (ESR)
- Blood Group
- Liver Function Test
- Kidney Function Test
- Blood Glucose
- HbA1c (Diabetic Screening)
- Lipid/Cholesterol Profile (Measured)
- Gout (Uric Acid)
- Thyroid Screening: Free T4 & TSH
- Bone Mineral Status: Calcium & Phosphate
- Immunology: Rheumatoid Factor
- Immunology: Anti-DS DNA Antibody
- Immunology: Anti-Nuclear Antibody
- Cardiac Risk: Homocysteine
- Cardiac Risk: HS CRP
- Cardiac Risk: Lipoprotein A
- 25-Hydroxyvitamin D
- Anaemia Screening: B12
- Anaemia Screening: TIBC
- Anaemia Screening: Folate
- Iron
- Ferritin
- Hepatitis A Screening
- Hepatitis B Screening
- Hepatitis C Screening

- HIV Screening
- Venereal Disease (VDRL / TPHA)
- Rubella IgG
- Tumour Marker - Liver (AFP)
- Tumour Marker - Colon (CEA)
- Tumour Marker - Pancreas (CA 19-9)
- Tumour Marker - Nose (EBV)
- Urinalysis
- Urine Microalbumin to Creatinine Ratio
- Stool Occult Blood
- Helicobacter Pylori IGG
- Varicella IgG
- Magnesium
- B-HCG
- Insulin
- Measles Virus IgG
- GASTROclear  
*Molecular blood test for early detection of gastric cancer*

### RADIOLOGY TEST

- Chest X-ray
- Choose 1 out of 3**
1. MRI Back Pain Screening
  2. Infarct Screening
  3. MRI Neck Pain Screening

### OTHER CLINICAL ASSESSMENT

- Retinophotography (Diabetic Eye Test)
- 12-lead Resting Electrocardiogram (ECG)
- Spirometry (Lung Function Assessment)
- Tonometry (Glaucoma Screening)

### OTHER CLINICAL CONSULTATION

- Dental Scaling & Polishing



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# Platinum

*For Men*  
**\$S11,408**

### LABORATORY ANALYSIS

- Tumour Marker - Prostate (PSA)
- Hormonal Profile: Testosterone

### RADIOLOGY TESTS

- Ultrasound Prostate
- Ultrasound Scrotum / Testes

*For Ladies*  
**\$S11,530**

### LABORATORY ANALYSIS

- Mastrocheck®  
*Blood-based test to screen for breast cancer*
- Hormonal Profile: Estradiol (E2)
- Hormonal Profile: LH, FSH
- Hormonal Profile: Progesterone
- Tumour Marker - Ovary (CA 125)
- Tumour Marker - Breast (CA 15-3)
- SurePath™ Liquid-based Pap Test

### RADIOLOGY TESTS

- Ultrasound Pelvis
- Ultrasound Breast
- Mammogram

## PHYSICAL EXAMINATION & ASSESSMENT

- Consultation & Physical Examination by Doctor
- Body Fat Measurement
- Height / Weight / BMI
- Visual Acuity
- Medical Report
- Post Examination Review by Doctor
- Urine Cytology
- Stool Occult Blood
- Stool FEME
- Helicobacter Pylori IGG
- Varicella IgG
- Magnesium
- B-HCG
- Insulin
- Measles Virus IgG
- GASTROClear  
*Molecular blood test for early detection of gastric cancer*

## LABORATORY ANALYSIS

- Complete Haematological Parameters
- Erythrocyte Sedimentation Rate (ESR)
- Liver Function Test
- Kidney Function Test
- Blood Glucose
- HbA1c (Diabetic Screening)
- Lipid/Cholesterol Profile (Measured)
- Gout (Uric Acid)
- Thyroid Screening: Free T4 & TSH
- Bone Mineral Status: Calcium & Phosphate
- Immunology: Rheumatoid Factor
- Immunology: Anti-DS DNA Antibody
- Immunology: Anti-Nuclear Antibody
- Cardiac Risk: Homocysteine
- Cardiac Risk: Apolipoprotein A & B
- Cardiac Risk: HS CRP
- Cardiac Risk: Lipoprotein A
- Anaemia Screening: TIBC
- Anaemia Screening: B12
- Anaemia Screening: Folate
- Iron
- Ferritin
- 25-Hydroxyvitamin D
- Hepatitis A Screening
- Hepatitis B Screening
- Hepatitis C Screening
- Blood Group (ABO)
- Herpes
- HIV Screening
- Venereal Disease (VDRL / TPHA)
- Rubella IGG
- Tumour Marker - Liver (AFP)
- Tumour Marker - Colon (CEA)
- Tumour Marker - Pancreas (CA 19-9)
- Tumour Marker - Nose (EBV)
- Urinalysis
- Urine Microalbumin to Creatinine Ratio

### Choose 1 out of 3

#### Food Allergy Screening\*

1. Raffles Allergy Exclusive Panel
2. Raffles Food Allergen
3. Raffles Inhalative & Food Allergen

## RADIOLOGY TEST

- Chest X-ray
- Ultrasound Abdomen
- Ultrasound Thyroid
- Bone Densitometry
- MRI Brain / Carotid & Intracranial MRA

### Choose 1 out of 2

1. MRI Back Pain Screening
2. MRI Neck Pain Screening

## CARDIAC ASSESSMENT

- Treadmill Stress Echo
- Ankle Brachial Index (ABI)

## OTHER CLINICAL ASSESSMENT

- Audiometry (Hearing Test)
- Retinophotography (Diabetic Eye Test)
- 12-lead Resting Electrocardiogram (ECG)
- Spirometry (Lung Function Assessment)
- Tonometry (Glaucoma Screening)
- Nasoscopy
- Colonoscopy
- Gastroscopy

## OTHER CLINICAL CONSULTATION

- Dental Scaling & Polishing



Select your health screening package via <http://bit.ly/rmghealthscreening>

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\* For details on Food Allergy Packages, please see Useful Information on pages 20 & 21.

# Summary Table

Package	Raffles Deluxe	Raffles Deluxe Plus	Raffles Executive	Raffles Executive Plus	Raffles Elite	Raffles Elite Plus	Raffles Platinum	
<b>Physical Examination &amp; Assessments</b>								
Consultation & Physical Examination by Doctor	•	•	•	•	•	•	•	
Body Fat Measurement	•	•	•	•	•	•	•	
Height / Weight / BMI / Resting ECG	•	•	•	•	•	•	•	
Visual Acuity	•	•	•	•	•	•	•	
Medical Report	•	•	•	•	•	•	•	
Post Examination Review and Recommendations by Doctor	•	•	•	•	•	•	•	
Retinophotography (Diabetic Eye Test)						•	•	
Tonometry (Glucoma Screening)			•	•	•	•	•	
Spirometry (Lung Function Assessment)					•	•	•	
Audiometry							•	
<b>Laboratory Analysis</b>								
Base Laboratory Tests*	•	•	•	•	•	•	•	
Blood Group					•	•	•	
Anaemia Screening: Vitamin B12			•	•	•	•	•	
Anaemia Screening: Folate			•	•	•	•	•	
Anaemia Screening: TIBC					•	•	•	
25-Hydroxyvitamin D			•	•	•	•	•	
Hepatitis C Screening			•	•	•	•	•	
Cardiac Risk: Homocysteine					•	•	•	
Cardiac Risk: HS CRP			•	•	•	•	•	
Cardiac Risk: Lipoprotein A					•	•	•	
Cardiac Risk: Apolipoprotein A & B							•	
Helicobacter Pylori IGG			•	•	•	•	•	
Tumour Marker - Alpha-Fetoprotein (Liver)	•	•	•	•	•	•	•	
Tumour Marker - Carcinoembryonic Antigen (Colon)	•	•	•	•	•	•	•	
Tumour Marker - CA 19-9 (Pancreas)		•	•	•	•	•	•	
Tumour Marker - EBV (Nose)			•	•	•	•	•	
B-HCG (Germ Cell Tumour)	•	•	•	•	•	•	•	
Tumour Marker - Prostate-Specific Antigen (Prostate) (M)	•	•	•	•	•	•	•	
Tumour Marker - CA 15-3 (Breast) (F)					•	•	•	
Tumour Marker - CA 125 (Ovary) (F)	•	Choose 1 out of 2 (F)	Choose 2 out of 3 (F).	Choose 2 out of 3 (F).	•	•	•	
SurePath™ Liquid-based Pap Test (F)					•	•	•	
Urine Microalbumin / Creatinine Ratio			•	•	•	•	•	
Urine Cytology							•	
Stool FEME							•	
Hormonal Profile: Testosterone (M)			•	•	•	•	•	
Hormonal Profile: Estradiol (F)			•	•	•	•	•	
Hormonal Profile: Follicle Stimulating Hormones (FSH) (F)			•	•	•	•	•	
Hormonal Profile: Luteinizing Hormone (LH) (F)					•	•	•	
Hormonal Profile: Progesterone (F)					•	•	•	
Rubella IgG					•	•	•	
Immunology: Anti-DS DNA Antibody					•	•	•	
Immunology: Anti-Nuclear Antibody					•	•	•	
Iron			•	•	•	•	•	
Ferritin			•	•	•	•	•	
Herpes I & II IgG							•	
Raffles Allergy Exclusive Panel							Choose 1 out of 3	
Raffles Food Allergen								
Raffles Inhalative & Food Allergen								
Mastocheck®						•	•	
Varicella IgG					•	•	•	
Magnesium			•	•	•	•	•	
Insulin	•	•	•	•	•	•	•	
Measles Virus IgG	•	•	•	•	•	•	•	
GASTROClear				•	•	•	•	
<b>Radiology Tests &amp; Other Procedures</b>								
Chest X-ray	•	•	•	•	•	•	•	
Ultrasound Liver								
Ultrasound Prostate (M)					•	•	•	
Ultrasound Thyroid		Choose 1 out of 3 (M).				•	•	
Ultrasound Breast (F)		Choose 1 out of 5 (F).	Choose 1 out of 3, exclude Bone Densitometry (M).	Choose 1 out of 3, exclude Bone Densitometry (M).	Only Ultrasound Abdomen, Ultrasound Thyroid and Treadmill ECG in package. Exclude Bone Densitometry (M).	•	•	
Ultrasound Pelvis (F)				Choose 2 out of 6 (F).		•	•	
Mammogram (F)			Choose 2 out of 6 (F).	Choose 2 out of 6 (F).		•	•	
Ultrasound Abdomen						•	•	
Bone Densitometry						Choose 3 out of 7 (F).	•	•
Treadmill ECG							•	Male package only
Ultrasound Scrotum / Testes (M)							•	•
MRI Infarct Screening								
MRI Back Pain Screening							Choose 1 out of 3	
MRI Neck Pain Screening							Choose 1 out of 2	
MRI Brain / Carotid & Intracranial MRA							•	
Treadmill Stress Echo							•	
Ankle Brachial Index (ABI)							•	
Nasoscopy							•	
Gastrosocopy							•	
Colonoscopy							•	
Dental Scaling & Polishing						•	•	
Price (inclusive GST)	\$537	\$705	\$1,312 (M) \$1,457 (F)	\$1,364 (M) \$1,500 (F)	\$2,066 (M) \$2,309 (F)	\$3,819 (M) \$4,073 (F)	\$11,408 (M) \$11,530 (F)	

\*Base Laboratory Tests includes: Complete Haematological Parameters, ESR, Liver Function Test, Kidney Function Test, HbA1c (Diabetic Screening), Lipid/Cholesterol Profile (Measured), Gout (Uric Acid), Thyroid Screening, Bone Mineral Status, Autoimmune Disease Screening - Rheumatoid Factor, Hepatitis A and B Screening, HIV screening, Venereal Disease, Urinalysis, Stool Occult Blood.

## Preparations

- Fast for at least eight hours. Please refrain from consuming food the night before your appointment. **Drinking of plain water is permissible.**
- Postpone your routine morning medication until your blood sample is taken. Please bring your medication with you.
- For ladies - Urine and stool tests should be done at least five days after the last day of menstruation and before the next cycle.

If you are menstruating on the day of your appointment, please inform the nurses on arrival. You will not be able to do your urine and stool tests because the presence of blood in these tests would produce inaccurate results.

- Fasting is mandatory for patients who will be undergoing the ultrasound abdomen test. While taking the test, you may feel some slight discomfort and the conducting gel may feel cold and wet.
- Before undergoing a pelvic ultrasound, you will be required to drink several glasses of water and to avoid urinating for about one hour prior to the examination time. When the bladder is full, it forms a convenient path, known as the acoustic window, for the ultrasonic waves.
- Do not wear any deodorant, perfume, powder or cream under your arms or chest area as it may interfere with the quality of the mammogram. Please bring old mammographic films if you have any.
- If you are taking the treadmill test, bring along an additional change of clothes and appropriate footwear. Medications such as beta-blockers (eg, propranolol or atenolol) should preferably be stopped three days before the test date.
- Patients are to fast for at least two hours before undergoing Mastrocheck®.

## Useful Information

### GASTROClear

GASTROClear is the world's first molecular blood test for early detection of gastric cancer in high-risk populations.

The GASTROClear test provides information to help doctors identify patients who may benefit from detailed medical examinations to diagnose gastric cancer early, before symptoms appear.

### Mastrocheck®

Mastrocheck® is a blood-based breast cancer detection test. Developed by South Korea-based Bertis, Mastrocheck® is the world's first proteomics-based early diagnostic test for the disease. It is a convenient method that requires only a small amount of blood.

### Multiphasic Blood Tests

A series of blood tests to screen conditions such as gout, thyroid, dysfunction, anaemia, etc.

### Tumour Markers

A series of blood tests to detect cancer markers that may be produced by some cancer cells. These are available for liver, colon, pancreas, prostate, ovarian and nose.

### Urinalysis

A test to infer the state of kidney function as well as of the urinary tract.

### Stool Analysis

A test to screen for blood in the stool, a recognised manifestation of colorectal cancer (stool occult blood test) or for parasitic infection (stool FEME test).

### SurePath™ Liquid-based Pap Test

The BD SurePath™ Liquid-based Pap Test is intended for use in the screening and detection of cervical cancer, precancerous lesions and atypical cells. This test uses modern technology by removing debris such as blood, mucus and inflammatory cells, aiding in visualisation of diagnostically relevant cells and reducing patient callbacks.

### Cardiac Assessments

Screenings through resting ECG and treadmill stress test to assess for presence of coronary heart diseases.

### Ultrasound Abdomen

Examines and detects any structural abnormalities of abdominal organs including the liver, gall bladder, spleen, pancreas and kidneys.

### Ultrasound Pelvis

Examines and detects the presence of any structural abnormalities in the pelvic organs such as the uterus and ovaries in women.

### Ultrasound Thyroid

Examines and detects the presence of any structural abnormalities within the thyroid gland.

### Ultrasound Scrotum / Testes

Examines and detects the presence of any structural abnormalities within the scrotal sac and testicles in men.

### Ultrasound Kidneys

Examines and detects the presence of any structural abnormalities of the kidneys.

### Ultrasound Hepatobiliary System (Liver)

Examines and detects the presence of any structural abnormalities of the liver and gall bladder.

### Ultrasound Prostate

Examines and detects any enlargement of, or presence of growth within, the prostate gland in men.

### Breast Examination

#### • Ultrasound Breast

Recommended for women before the **age of 40** especially if you detect any breast changes. It is also useful to be added onto a mammogram screening to increase the chances of detection of breast cancer.

#### • Mammogram

An X-ray of the breasts for breast cancer screening. In Singapore, It is recommended that women **aged 40 - 49** should go for mammography screening once a year, and women above 50 should go once every two years. Please bring along any old mammographic films, if available, for comparison.

### Tonometry

A test to assess the pressure of the eyeball and test for glaucoma.

### Food Allergy Panels

#### • Raffles Allergy Exclusive Panel

Dermatophagoides pteronyssinus, Dermatophagoides farina, Blomia tropicalis, Cat, Dog, Feather mix, Egg white, Sesame seed, Soya bean, Milk (Pastuerized), Crab, Shrimps, Wheat flour, Cuttlefish, Egg yolk, Chicken, Nut mix, Shellfish mix, Cockroach, Mould fungi mix 1.

#### • Raffles Food Allergen

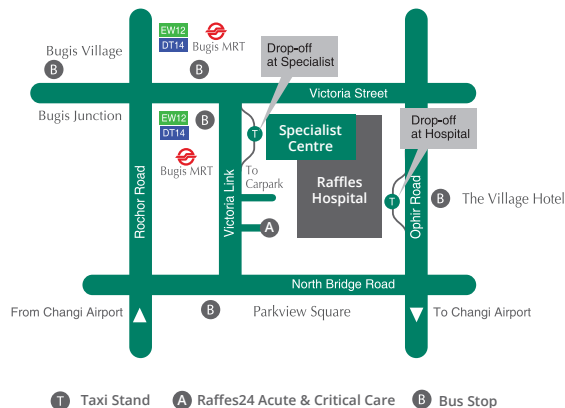
Hazelnut, walnut, almond, milk, egg white, egg yolk, casein, potato, celery, carrot, tomato, cod fish, crab, orange, apple, wheat flour, rye flour, sesame seed, soya bean.

#### • Raffles Inhalative and Food Allergen

Dust mites, alder pollens, birch pollens, hazel pollens, grass pollens, rye pollens, mugwort, plantain, cat, horse, dog, Alternaria alternata, egg white, milk, peanut, hazelnut, carrot, wheat flour, soya bean.



## Locate Us



Raffles Hospital is located in the heart of the city. It is just a 5-minute walk from Bugis MRT Station and a 15-minute drive from Changi International Airport.

Bus Stop	North Bridge Road	7, 32, 51, 61, 63, 80, 145, 175, 197 & 851
Ophir Road	2N, 48, 4N, 57 & 7N	
Victoria Street	2, 7, 12, 32, 33, 51, 61, 63, 80, 130, 133, 145, 175, 197, 851, 960, 980 & NR7	

## Raffles Enhanced Packages are available at the following Medical Centres

**Raffles Hospital\***  
585 North Bridge Road  
Level 12  
Raffles Health Screeners  
Singapore 188770  
Email: myhealthscreeners@  
rafflesmedical.com

**Marina Bay Financial Centre\*\***  
12 Marina Boulevard #17-05  
Marina Bay Financial Centre  
Tower 3  
Singapore 018982  
Email: mbfc@rafflesmedical.  
com

**Shaw Centre\*\***  
1 Scotts Road  
Level 4 #04-14  
Singapore 228208  
Email: shawcentre@  
rafflesmedical.com

**Raffles Holland V\*\***  
118 Holland Avenue  
#05-02/03/04  
Raffles Holland V  
Singapore 278997  
Email: hollandv@  
rafflesmedical.com

\*Executive Plus, Elite, Elite Plus, and Platinum packages are only available at Raffles Hospital.

## Raffles Deluxe Packages are also available at the following centres

**Raffles Medical@  
Raffles Hospital**  
585 North Bridge Road  
Level 2 Raffles Hospital  
Singapore 188770  
Tel: 6311 1130

**Jurong East\***  
Blk 131 Jurong Gateway Road  
#01-267, Singapore 600131  
Tel: 6899 6688

**Tampines One**  
Blk 10 Tampines Central 1  
#03-28 Tampines One  
Singapore 529536  
Tel: 6260 5116

**Ang Mo Kio\***  
Blk 722 Ang Mo Kio Avenue 8  
#01-2825, Singapore 560722  
Tel: 6453 2288

**Causeway Point\***  
1 Woodlands Square  
#05-20 Causeway Point  
Singapore 738099  
Tel: 6894 0777

**Airport Passenger Terminal 3\***  
Singapore Changi Airport  
#B2-01, 65 Airport Boulevard  
Singapore 819663  
Tel: 6241 8818

**Raffles Place\***  
50 Raffles Place, #01-02A  
Singapore Land Tower  
Singapore 048623  
Tel: 6535 2222

\*Treadmill services available at clinics, Radiology services such as ultrasounds, CT scans and MRI scans will be referred to Raffles Hospital.

\*\*Treadmill and Ultrasound services available at clinic. Radiology services such as CT scans and MRI scans will be referred to Raffles Hospital.

\*X-ray facilities are not in-house. They are at a short distance from the clinic.

Note: Timings available for checkups are subjected to change without prior notice.